







PRELIMINARY COMPETITION SCHEDULE (RUNNING ORDER) 18TH OCTOBER 2025, LUGNER CITY, VIENNA, AUSTRIA 16th International Austria Cup

	T	T
1	10:00 – 13:00	Registration/weigh-in at Showbühne Lugner City Mall
2	13:30 – 13:45	Verification and Publishing of Competitor List
3	13:45 – 13:55	Verification of judges / judges meeting
4	14:00 - 14:05	Opening presentation (athletes and Models onstage) awards and speeches
5	14:05 - 14:10	Introduction of judges, officials and VIPs
6	14:10 – 14:40	Women's Junior Model Physique open Individual walk-in followed by quarter turns, comparisons and showdown
7		Women's Lady Model Physique +30 Individual walk-in followed by Quarter turns, comparisons and showdown
8		Women's Lady Model Physique + 40 Individual walk-in followed by Quarter turns, comparisons and showdown
9		Women's Model Physique -160cm Individual walk-in followed by Quarter turns, comparisons and showdown
10		Women's Model Physique -165cm
		Individual walk-in followed by Quarter turns, comparisons and showdown Women's Model Physique +165cm
11		Individual walk-in followed by Quarter turns, comparisons and showdown
12		Women's Sport Physique – 165cm Individual walk-in followed by Quarter turns, comparisons and showdown
13		Women's Sport Physique +165cm Individual walk-in followed by Quarter turns and showdown
14		Women's Athletic Physique -165cm/+165cm quarter turns/compulsory poses/show-down
15		Women's Wellness Physique -165cm/+ 165cm individual walk – in, quarter turns and showdown
16		Women's Swimsuit Physique open Individual walk-in followed by quarter turns, comparisons and showdown
		5 Minutes break
17	14:40 – 15:10	Award ceremony Women's Junior Model Physique open Women's Lady Model Physique +30 Women's Lady Model Physique +40 Women's Model Physique – 160 cm Women's Model Physique – 165 cm Women's Model Physique + 165 cm Women's Sport Physique – 165 cm Women's Sport Physique + 165 cm Women's Sport Physique + 165 cm Women's Athletic Physique -165cm Women's Athletic Physique +165cm Women's Wellness Physique – 165cm Women's Wellness Physique +165cm Women's Swimsuit Physique
18	15:10 – 15:20	Overall Women's Model Physique Discipline, Intro, walk-in, quarter turns, show-down Overall Women's Sport Physique Discipline, Intro, walk-in, quarter turns, show-down Overall Women's Athletic Physique Discipline, Intro, quarter turns/compulsory poses, show-down, Overall Women's Wellness Physique Discipline, intro, quarter turns, show-down

Award ceremony (checks and diadem) Overall Women's Model Physique Discipline Overall Women's Athletic Physique Discipline Change of Judges Panel Change of Judges Panel Junior Men's Bodybuilding open Introduction followed by Posing routines Junior Men's Bodybuilding open Compulsory poses and pose-down Compulsory poses and pose-down Overall Women's BB-50/-50 years introduction followed by routines Masters Men's BB-50/-50 years compulsories/posedown Men's Sport Physique -178cm Individual walk-in followed by Quarter turns and showdown Men's Sport Physique +178cm Individual walk-in followed by Toutines, compulsory poses/comparisons and pose-down Men's Athletic Physique +178cm Individual walk-in followed by routines, compulsory poses/comparisons and pose-down Men's Athletic Physique +178cm Individual walk-in followed by routines, compulsory poses/comparisons and pose-down Men's Base of the physique in the			
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Change of Judges Panel			Overall Women's Athletic Physique Discipline
20 15:25-15:35 Junior Men's Bodybuilding open Introduction followed by Posing routines			Overall Women's Wellness Physique Discipline
Introduction followed by Posing routines			Change of Judges Panel
Introduction followed by Posing routines	20	15:25 -15:35	
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Men's Sport Physique -178cm Individual walk-in followed by Quarter turns and showdown	22	15:35 – 15:55	Masters Men's BB -50/+50 years introduction followed by routines
16:35 - 16:10 Individual walk-in followed by Quarter turns and showdown	23		Masters Men's BB -50/+50 years compulsories/posedown
Men's Sport Physique +178cm Individual walk-in followed by Quarter turns and showdown	24	15:55 – 16:10	
Individual walk-in followed by Quarter turns and showdown			
16:10 - 16:20 Introduction followed by routines, compulsory poses/comparisons and pose-down	25		
16:10 - 16:20 Introduction followed by routines, compulsory poses/comparisons and pose-down			Men's Athletic Physique -178cm
Introduction followed by routines, compulsory poses/comparisons and pose-down	26	16:10 – 16:20	
16:25 – 16:30 Men's Classic Physique introduction followed by routines, compulsory poses/comparisons and pose-down Men's Classic Physique introduction followed by routines, compulsory poses/comparisons and pose-down Men's Natural Bodybuilding introduction followed by routines, compulsory poses/comparisons and pose-down Men's BB - 80kg introduction followed by routines Men's BB - 80 kg compulsory poses/posedown Men's BB - 90 kg introduction followed by routines Men's BB - 90 kg compulsory poses/posedown Men's BB - 100 kg introduction followed by routines Men's BB - 100 kg compulsory poses/posedown Men's BB - 100 kg compulsory poses/posedown Men's BB + 100 kg compulsory poses/posedown Men's BB - 50/+50 years Men's Sport Physique -178cm/+178cm Men's Classic Physique -178cm/+178cm Men's Classic Physique Men's BB - 80 kg Men's BB -	27	16:20 - 16:25	
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introduction followed by routines, compulsory poses/comparisons and pose-down 16:40 – 17:15	28	16:25 – 16:30	introduction followed by routines, compulsory poses/comparisons and pose-down
Men's BB - 80 kg compulsory poses/posedown	29	16:30 – 16:40	
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Award ceremony for discipline winners (check) Men's Sport Physique Discipline Men's Athletic Physique Discipline Men's BB Overall (check and Sword)	39	17:45 - 17:50	
41 17:55 – 18:00 Men's Sport Physique Discipline Men's Athletic Physique Discipline Men's BB Overall (check and Sword)	40	17:50 – 17:55	Men's BB Overall introduction, compulsory poses/comparisons, pose-down
41 17:55 – 18:00 Men's Sport Physique Discipline Men's Athletic Physique Discipline Men's BB Overall (check and Sword)			Award ceremony for discipline winners (check)
Men's BB Overall (check and Sword)	41	17:55 – 18:00	Men's Sport Physique Discipline
	''	10.00	
42 18:00 Closing of the Championships			
	42	18:00	Closing of the Championships

<u>Wichtiger Hinweis:</u> Dieser Ablaufplan hat nur vorläufigen Charakter, die zeitliche Abfolge kann sich ändern, Athletlnnen müssen sich jederzeit zum Einsatz nach Aufruf durch die backstage marshalls bereithalten.

<u>Important Note:</u> This schedule is not cast in stone, times may vary, athletes have to be ready according to the callouts of the Backstage Marshall!!